



## word from the executive director WELCOME GHSA SWIMMING & DIVING FANS



BSN SPORTS" THE HEART OF THE GAME"

# EVERY MINUTE WE SAVE YOU CAN BE SPENT CHANGING LIVES

We offer solutions to make your job easier - giving you more time to make an impact. While we're the best at equipping athletes, you're the best at equipping lives... and that's the real final score.



Apparel • Uniforms • Equipment • Weight Room • Fundraising BSNSPORTS.com

Westminster School and the Georgia Tech Aquatic Center! We are excited to see all of the spectators out to support our athletes, and the entire event will be streamed live on the NFHS Network as well. This facility is the premier facility in the country and Georgia has produced some of the best swimmers and divers in the country and this year is no different.

This year's event is sure to be an exciting one! Special thanks to GHSA Swimming and Diving liaison Andy Cowart for coordinating the event as well as Franke Marsden and Matt Murphy for running the meet. I want to thank the many volunteers who make this event possible and run smoothly. We extend our special appreciation to Georgia Tech and the Westminster School for being our hosts. Finally, we thank our sponsors and hope you will support them and our corporate sponsors whenever possible.

Thank you for supporting GHSA Swimming and Diving and please join me in offering best wishes for all of our competitors.

James R. Himes, p.

Dr. Robin Hines Executive Director



# **ORDER OF EVENTS** (BOYS EVENTS PRECEDE GIRLS EVENTS)

**200-Yard Medley Relay** 

**200-Yard Freestyle** 

## **200-Yard Individual Medley**

## **50-Yard Freestyle**

**1-Meter Diving** 

**100-Yard Butterfly** 

**100-Yard Freestyle** 

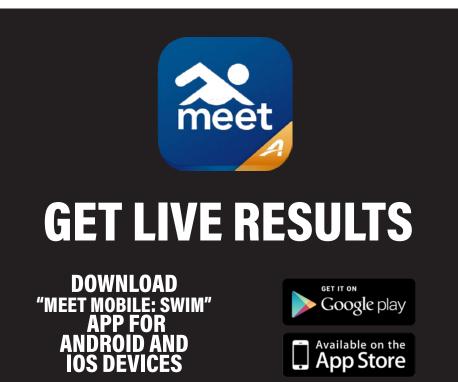
**500-Yard Freestyle** 

200-Yard Freestyle Relay

**100-Yard Backstroke** 

**100-Yard Breaststroke** 

**400-Yard Freestyle Relay** 



# 2024 SWIMMING & DIVING CHAMPIONSHIPS MEET SCHEDULE

DIVING

All diving events will be conducted at Westminster on February 6, 2024

**SWIMMING** All swimming events will be conducted at Georgia Tech

## Wednesday, February 7, 2024 - 1-3A and 4-5A Swimming

7:30-9:20 a.m. - 1-5A Swimming Warm-Ups 9:30 a.m.-1 p.m. - 1-5A Swimming Prelims 4:30-6 p.m. - 1-3A and 4-5A Swimming Warm-Ups 6-9:30 p.m. - 1-3A and 4-5A Swimming Finals

Prelims for all 1-5A schools will be held in two 10-lane courses. Boys will swim in the west pool, girls will swim in the east pool.

Finals will be held in two 10-lane courses simultaneously. 4-5A will swim in the east pool, 1-3A will swim in the west pool.

## Friday, February 9, 2024 - 6A Swimming

7:30-9:20 a.m. - 6A Swimming Warm-Ups 9:30 a.m.-1 p.m. - 6A Swimming Prelims 4:30-6 p.m. - 6A Swimming Warm-Ups 6-9:30 p.m. - 6A Swimming Finals

Prelims will be held in two 10-lane courses. Boys will swim in the west pool, girls will swim in the east pool.

Finals will be in one 10-lane course in the east pool.

# Saturday, February 10, 2024 - 7A Swimming

8:30-10 a.m. - 7A Swimming Warm-Ups
10 a.m.-1 p.m. - 7A Swimming Prelims
4:30-6 p.m. - 7A Swimming Warm-Ups
6-9:30 p.m. - 7A Swimming Finals

Prelims will be held in two 10-lane courses. Boys will swim in the west pool, girls will swim in the east pool.

Finals will be swum in one 10-lane course in the east pool.

# **CHAMPIONSHIP HOPEFULS HIT THE POOLS**

BY MAX WOLBORSKY | MWOLBORSKY@SCOREATL.COM

**S**tate records have fallen in four-consecutive years at the GHSA Swimming and Diving State Championships and entering the event this season is an extremely experienced field trying to make even more history in – and above — the pools.

"These swimmers have worked very hard all year long," said Andy Cowart, the GHSA Swimming Coordinator. "The events should be tightly competitive with a number of schools put in position to have the opportunity to win a state championship. We look forward to the competition at the events."

In last year's record-breaking finals, two state records – the girls 1-meter Dive and the boys 100-yard fly – were broken during the meet. Buford's Brenden Irwin broke the boys 100yard fly record, posting a time of 46.96 seconds. In the girls 1-meter diving event, Ivy Buckley from North Oconee scored a 678.65, beating the previous record by 14 points.

#### WHEN AND WHERE?

The championships will be held at Westminster and Georgia Tech's Aquatic Center beginning Tuesday, Feb. 6. All diving events will take place on Feb. 6 at Westminster while the swimming events will begin on Wednesday, Feb. 7 at Georgia Tech. The swimming events begin with Classes A-5A beginning on Wednesday, Feb. 7, 6A on Friday, Feb. 9 and will conclude with 7A on Saturday, Feb. 10.

#### **HIGH-CLASSED, HIGH-FLYING TALENT**

The Bulldogs from North Gwinnett are currently in first place in the standings and have a 30-point lead in front of the next best school. The Bulldogs are led in points by junior Chase Gravitt and freshman Camden Cook, who each have over 560 points this season.

The Westminster swimming program has remained

a stalwart through their transition into a new region. Their dominance has included 56 boys and girls State Championships including the title the girls took home last season.

Last season, Westminster's first year since moving from Class 3A to Class 4A, the Wildcats girls team won their sixth straight state championship while the boys were unable to win for the first time in five seasons.

Before the state championships last season, the boys swim clubs from Marist had won three straight state championships while Westminster had won the past five while they were in Class 3A. With Marist now in Class 6A, Chattahoochee's boys finished atop Westminster, snapping both streaks last season while winning its first swimming state title in program history. It was the first time the Marist or Westminister boys had not won a state championship since 2017.

#### **IT'S BEEN A LONG TIME COMING**

In Class 7A, the Walton Raiders boys team was able to take home their third state championship last season. It was the Raiders first championship since 2015 where they were able to win two in a row in 2014 and 2015. The Raiders are returning juniors Liam Long, John Panessa as well as sophomore Jacob Linartas who each contributed to Walton's state championship last season.

Since winning back-to-back state championships in 2020 and 2021, the North Gwinnett boys team has come close to becoming champions once again. Last season the Bulldogs came up just short, losing by eight points to Walton.

#### AT THE TIPPY TOP

While the boys are looking to get back on top, the North Gwinnett girls team became champions last season. The team is returning key swimmers such as Ashley Morgan, Jayla Thompson and Emma Reiser who all helped the Bulldogs win the 200-yard medley relay with a time of 1:44.99, as well as the state championship. Reiser finished third in the 200-yard freestyle as well.

In the first season since Westminster switched over to Class 4A, the Wesleyan Wolves boys and girls team were able to take the top spot in the region and win the Class 3A state championship. This was the first state championship for Wesleyan since the boys team won back-to-back titles in 2011 and 2012. The Wolves are returning their entire 200-yard freestyle relay team, including sophomore Max Perry, juniors Henry Wasmuth and Paul Weidle and senior Ray Homan.

The Johns Creek boys have continued to dominate with three straight Class 6A state championships, and four championships in the last six seasons. The Gladiators are returning seniors Daniel Bao, Matthew Cerniglia and sophomore Alexander Lou a who all competed with Johns Creek last season, looking for their fourth straight state championship.

#### WELCOME BACK, THE FOUR-TIME BACK-TO-BACK-TO-BACK CHAMP

Since the move from Class 7A to Class 6A in 2021, the Lassiter girls swim club has dominated the competition. Over the last four seasons, the Trojans have won four consecutive state championships and have won it all in every season that they have been in Class 6A.

The Lassiter girls are returning four key swimmers from last season's team including, Rose Jones, Kate Bradley, Finnly Jollands, and Maggie O'Shaughnessy. O'Shaughnessy finished second in the 100 yard Breaststroke, posting a time of 1:03.97. The Trojans are looking to win five-straight state championships this season.



# NOTHING OUTPERFORMS

While we all want our students to succeed today, what's also valuable is ensuring that inclusion is always center stage. When a diverse group of students share one common pursuit, they develop compassion and empathy for their teammates and competitors.

That's the best possible outcome in performing arts-because every team and every student wins!



PlayPerformCompeteTogether.com





BE THERE WITH THE OFFICIAL DIGITAL TICKETING PARTNER OF THE GEORGIA HIGH SCHOOL ASSOCIATION



EVERY PLAY. EVERY PASS. EVERY POINT. GET YOUR TICKETS TODAY. VISIT GOFAN.CO AND SEARCH FOR YOUR SCHOOL.



The world can be cruel, isolating and lonely.

The best way to combat that? LOVE one another. ACCEPT one another. BE KIND to one another.

We all deserve to feel like we belong.

www.WeSeeYou.Community





# **NOW HIRING LIFEGUARDS**

- FREE CERTIFICATIONS
- COMPETETIVE PAY
- FLEXIBLE SCHEDULES

YOU ARE PLACED AT A

POOL BASED ON YOUR

MUST BE 15 YEARS OLD BY

APPLY NOW AT

WWW.UNITEDPOOLS.COM/APPLY

LOCATION

MAY

6 // GHSA.NET

# **SWIMMING & DIVING PAST CHAMPIONS**

Year	Boys	Girls		102	the first start	1.1	VE CONTRACTOR	Lun and the
1975	Westminster	Dunwoody		and the second s	4	1 · · · · · · · · · · · · · · · · · · ·	The All Street	- Charles -
1976	Dunwoody	Dunwoody		A state		and the second second		- YA - 12
1977	Dunwoody	Lakeside	and the second	10 3 4 M				All all all all a
1978		Lakeside	2 de m		and the second	Mar IT		and the second second
	Dunwoody					1. 1. 1. 1. 1. 1.		An There with the
1979	Westminster	Peachtree		All a start		Care of	a contraction of the	C. R. M. Star
1980	Westminster	Peachtree		AN AN AN		and the second s		and the second second
1981	Cedar Shoals	Lakeside					A Contraction of the	1.9 1.1
1982	Cedar Shoals	Westminster	A B B			Sector The Sector		The state of the
1983	Walton	Dunwoody			-	-	A CONTRACTOR OF A CONTRACTOR OFTA CONTRACTOR OFTA CONTRACTOR OFTA CONTRACTOR O	
1984	Dunwoody	Westminster	CAR BUT		1		- Paulor	State Processing
1985	Westminster	Dunwoody						A Contraction of the second
1986	Westminster	Dunwoody	A COMPANY			the second se	and the second second	F. 2.
1987	Woodward Academy	Dunwoody		A manage		500	and the second second	A AND
1988	Westminster	Walton			All Con 1		and the second s	the state of the s
1989	Westminster	Marist						La de la de la
				All all a	all			11 1 10
1990	Westminster	Westminster			Ser	and the second s	A A A A A A A A A A A A A A A A A A A	S. A. Carlos
1991	Westminster	Westminster			A State	150 20	the company is and	1
1992	Shiloh	Americus			and the second	a carrie	AD A AD	Call and provide the
1993	Dalton	Chattahoochee			1 11 12	31. W.		
1994	Shiloh	Westminster					all and a second s	
1995	Parkview	Chattahoochee			1.2 M 22 M 20	and the second second	Contraction and	
1996	Chattahoochee	Chattahoochee		6-0-1-1-0-5			Real Property in	1259
1997	Westminster	Parkview				1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1		1250
1998	Parkview	Parkview			pick and			sant inter
1999		Westminster		a the second			all and a set of the s	1
1777	Pope	wesiminister			and the set of the	- wall		1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1
	Boys		Girls			THE THE	and the second	17 . S. S. S. C.
Year	4A	3A-A	4A	3A-A		e there a		- 10 Mar
2000	Parkview	Marist	Chattahoochee	Marist	The second			(COL)
	P		Cirls		1 ANT	Car PEnny		1 3 5
v	Boys		Girls		2 06			
Year	5A	4A-A	5A	4A-A				19
2001	Parkview	Marist	Brookwood	Westminster		the state of the s		
2002	Parkview	Marist	Brookwood	Westminster				1000
2003	Parkview	Westminster	Brookwood	Westminster				and the second second
2004	Collins Hill	Westminster	Brookwood	Westminster				199 2
2005	Collins Hill	Westminster	Lassiter	Westminster				1000
2006	Parkview	Westminster	Centennial	Westminster			and the	1 m 1
2007	Parkview	Westminster	Northview	Marist				
2008	Brookwood	Westminster	Lassiter	Marist				
2009	Brookwood	Marist	Lassiter	Marist			and the second s	
2010	Brookwood	Greater Atl. Christian	Lassiter	Marist				1 1 1
2011	Peachtree Ridge	Wesleyan	Lassiter	Marist			110	ale
2012	Parkview	Wesleyan	Brookwood	Westminster				
	Boys		Girls				a pro-	
<b>V</b>		5.4.4		EA A				
Year	<u>6A</u>	5A-A	6A	5A-A				
2013	Parkview	Dalton	Lambert	Westminster				
2014	Walton	St. Pius	Lambert	Woodward				
2015	Walton	Westminster	Lambert	Marist				
2016	Brookwood	Westminster	Lambert	Marist				
			<b>o</b> ' 1.					
			Girls					
	Boys							
	7A-6A	5A-A	7A-6A	5A-A				
<b>Year</b> 2017	Boys 7A-6A Brookwood	<b>5A-A</b> St. Pius		<b>5A-A</b> Marist				
	<b>7A-6A</b> Brookwood		7A-6A		Girls			
2017	7A-6A Brookwood Boys	St. Pius	7A-6A Walton	Marist	Girls 7A	64	50-40	30-0
2017 Year	7A-6A Brookwood Boys 7A	St. Pius <b>6A</b>	<b>7A-6A</b> Walton <b>5A-4A</b>	Marist <b>3A-A</b>	7A	6A Pope	5A-4A Blassed Trinity	3A-A
2017 <b>Year</b> 2018	7A-6A Brookwood Boys 7A Brookwood	St. Pius <b>6A</b> Dalton	<b>7A-6A</b> Walton <b>5A-4A</b> St. Pius	Marist <b>3A-A</b> Westminster	<b>7A</b> Brookwood	Pope	Blessed Trinity	Westminster
2017 Year 2018 2019	7A-6A Brookwood Boys 7A Brookwood Brookwood	St. Pius <b>6A</b> Dalton Johns Creek	7A-6A Walton 5A-4A St. Pius St. Pius	Marist <b>3A-A</b> Westminster Westminster	<b>7A</b> Brookwood Brookwood	Pope Centennial	Blessed Trinity Chamblee	Westminster Westminster
2017 Year 2018 2019 2020	7A-6A Brookwood Boys 7A Brookwood Brookwood North Gwinnett	St. Pius <b>6A</b> Dalton Johns Creek Dalton	7A-6A Walton 5A-4A St. Pius St. Pius Marist	Marist <b>3A-A</b> Westminster Westminster Westminster	<b>7A</b> Brookwood Brookwood Lassiter	Pope Centennial Cambridge	Blessed Trinity Chamblee Blessed Trinity	Westminster Westminster Westminster
2017 Year 2018 2019 2020 2021	7A-6A Brookwood Boys 7A Brookwood Brookwood North Gwinnett North Gwinnett	St. Pius <b>6A</b> Dalton Johns Creek Dalton Johns Creek	7A-6A Walton 5A-4A St. Pius St. Pius Marist Marist	Marist <b>3A-A</b> Westminster Westminster Westminster Westminster	<b>7A</b> Brookwood Brookwood Lassiter Lambert	Pope Centennial Cambridge Lassiter	Blessed Trinity Chamblee Blessed Trinity Marist	Westminster Westminster Westminster Westminster
2017	7A-6A Brookwood Boys 7A Brookwood Brookwood North Gwinnett	St. Pius <b>6A</b> Dalton Johns Creek Dalton	7A-6A Walton 5A-4A St. Pius St. Pius Marist	Marist <b>3A-A</b> Westminster Westminster Westminster	<b>7A</b> Brookwood Brookwood Lassiter	Pope Centennial Cambridge	Blessed Trinity Chamblee Blessed Trinity	Westminster Westminster Westminster



We Handle Bugs & Critters! 770-466-6700 BredaPest.com

FROM ORDINARY TO EXTRAORDINARY, EMBARK ON YOUR JOURNEY WITH THE NAVY! 1-888-255-6289





8 // GHSA.NET

# **SWIM RECORDS**

<b>BOYS - EVENT</b>	NAME/YEAR	SCHOOL/RECORD
200 Yard Medley Relay	Aidan Saunders, Justin Bender, Sebastien Sergile, Caleb Paek 2022	
200 Yard Freestyle	Sebastien Sergile 2022	
200 Yard Individual Medley	Henry Bethel 2021	
50 Yard Freestyle	Paul Powers	North Hall
100 Yard Butterfly	2014 Benjamin Irwin 2023	19.63 Buford
	Paul Powers	North Hall
	2014 Jake Magahey 2019	43.19
100 Yard Backstroke	2019 Michael Taylor	4:15.63 Johns Creek
	Michael Taylor 2017	45.53
100 Yard Breaststroke	Henry Bethel 2021	Dalton 52.96
200 Yard Freestyle Relay	Brett Sasser, Griffin Egolf, Owen Holland, Jack Aikins 2021	West Forsyth
	Brett Sasser, Griffin Egolf, Owen Holland, Jack Aikins 2021	
	Carson Tyler 2021	
200 Yard Medley Relay	NAME/YEAR Sadie Clayton, Katie Christopherson, Gigi Johnson, Annie Jardina 2021 Nicole Stafford	
200 Yard Freestyle		** •••••••••••••••••
200 Yard Individual Medley	2013 Katie Christopherson 2022	1:45.29 Westminster
50 Yard Freestyle	2022 Caitlin Cooper 2014	1:56.72 Woodward
	Kathleen Hersey	Marist
	2008 Amanda Weir	52.44 Brookwood
500 Yard Freestyle	2004 Elizabeth Hill 2004	49.06 Westminster
100 Yard Backstroke	2004 Catie Choate	4:40.93
		53.35
100 Yard Breaststroke	2022 Alicia Henry 2020	Alpharetta 1:00.56
	Gigi Johnson, Janine Horst, Katie Christopherson, Annie Jardina 2022	
One Meter Diving		North Oconee

\* New State Record