



GHSA GIRLS STATE CHAMPIONSHIPS **TRACK & FIELD**



MAY 9-11, 2013
HUGH MILLS STADIUM | ALBANY, GA



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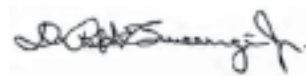
Welcome to the expanded GHSA Girls' State Track Meet with all of its high-quality competitions. This year there are six classifications competing for seven championships since there will be separate championships for public and private schools in Class A. The GHSA anticipates a fantastic meet with the best female Track and Field competitors in Georgia's high schools competing over the next three days.

There is no way that an event of this size could operate effectively without many hours of work done by a large staff of volunteers. These workers are coordinated by Johnny Seabrooks and Pam Hill of the Dougherty County Schools, and by Gary Phillips, GHSA Assistant Executive Director. Please notice and acknowledge

the work of all these people during this great meet.

The Georgia High School Association could not put together a competition of this magnitude without the support of our fine corporate partners. Please notice their signs and banners around the stadium, and utilize their products and service whenever possible.

Best wishes to all the athletes and their coaches! Enjoy yourselves, spectators, and remember to always display good sportsmanship!



Ralph Swearngin
GHSA Executive Director

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AWARDS AND MEDALS

MEDALS – Medals will be presented for all eighth-place finishers. Georgia Farm Bureau Insurance will provide medals to the 1st- and 2nd-place finishers in each event and classification. The 3rd-, 4th-, 5th-, 6th-, 7th- and 8th-place medals are provided by the Atlanta Track Club.

TEAM TROPHIES – Trophies for the 1st-, 2nd-, 3rd- and 4th-place teams in each classification will be presented at the conclusion of the meet on Saturday. The 1st- and 2nd-place trophies will be provided by Georgia Farm Bureau Insurance. The 3rd- and 4th-place trophies will be provided by the Atlanta Track Club.

BOB FOWLER AWARD – This award, given in honor of Mr. Bob Fowler, will be presented to the athlete who ties or breaks the existing record during the Girls State Track Meet at Hugh Mills Stadium. Bob Fowler worked in the Dougherty County School System for 33 years as a Teacher, Coach, Purchasing Agent, and Associate Superintendent. While serving as Associate Superintendent, he was responsible for the renovation of Hugh Mills Stadium and the installation of the urethane pro-turf track surface. This award is provided by the Dougherty County School System Athletic Department and DOCO Employee's Federal Credit Union.

ROBERT CROSS COACHES AWARD – This award is presented to the head coach of each state champion team in memory of Coach Robert Cross of Albany State College. Coach Cross produced 16 SIAC champions and was selected as "Coach of the Year" 10 times. Coach Cross also served as Chairman of the Dougherty County Board of Education for several years. This award is provided by the Dougherty County School System Athletic Department.

ROY W. CRENSHAW MEMORIAL TROPHY – This trophy, given in memory of Mr. Roy W. Crenshaw, will be presented to the athlete who scores

the highest number of points in the running events during the Girls State Track Meet at Hugh Mills Stadium. Mr. Crenshaw was the first system-wide Director of Athletics, Health and Physical Education for the Dougherty County School System. Mr. Crenshaw, along with Coach Smith and Mr. Bob Fowler, was instrumental in having the Girls State Track Meet brought to Albany in 1985. He retired from the Dougherty County School System in 1986 after serving 41 years in education.

LEWIS C. SMITH MEMORIAL TROPHY – This trophy, given in memory of Coach Lewis C. Smith II, will be presented to the individual athlete who scores the highest number of points during the Girls State Track Meet at Hugh Mills Stadium. Coach Smith coached and taught at the high school level for 36 years. His 508 wins as a basketball coach also established him among the "elite" of the Georgia High School Coaches' profession. This trophy is provided by the Dougherty School System Athletic Department.

J. FERRELL HENRY TROPHY – This trophy, given in honor of Mr. J. Ferrell Henry, will be presented to the athlete who scores the highest number of points in field events during the Girls State Track Meet at Hugh Mills Stadium. Mr. Henry served as Director of Athletics for the Dougherty County School System for 11 years. He served as the Tournament Director for the Girls State Track Meet from 1985 until he retired in 1995.

AL WOODHAM BEST PERFORMANCE AWARDS – This award, given in memory of Coach Al Woodham, will be presented for the best performance in each event, regardless of classification. Coach Woodham worked as a coach for 38 years and coordinated the presentation of all awards for the Girls State Track Meets from 1985 through 1994. This award is provided by the Dougherty County School System Athletic Department.

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The 2013 Georgia High School Association Girl's Track & Field State Championship Guide is published by Score Atlanta, in conjunction with the GHSA. The guide was designed by DJ Galbiati Blalock, edited by Stephen Black, information provided by the GHSA and photos on the cover are courtesy of Sonny Kennedy and Walter Pinion. For more information on Score Prep, go to ScoreAtl.com or call 404-256-1572.

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MEET PREVIEW



Defending champs looking for more in Albany

By Fletcher Proctor



With Walton, Redan, Monroe-Albany, Greater Atlanta Christian and Athens Christian all heading to Albany's Hugh Mills Stadium looking to defend GHSA state titles, the eyes of the Georgia high school track and field world will expect great things of these athletes.

Walton claimed the AAAAA title in 2012 and has six individual entries set for action in Albany, led by a pair of distance runners. Avery Bussjager and Alexa Womack have both qualified for the 1600- and 3200-meter runs while Katie Frey (pole vault) and Tatiana Taylor (shot put) will look to score points for the Raiders in field events. Walton's six individual entries match Valdosta for most in the meet.

The Wildcats are led by Stormm Phillips, who will compete in the 100- and 200-meter

dashes as well as the long jump. Roswell has five individual entries and two relay teams entered while Peachtree Ridge has nine individual entries and one relay team competing. Brookwood is one better with 10 individual entries and one relay.

Simone Glenn will race in the 100- and 200-meter dash while QuanDra Shanks will run the 800- and 1600-meter double. Katherine Yost of Norcross will look for hardware in a pair of events as she will compete in the 1600- and 3200-meter runs while Casidy Calahan will compete in the discus and the shot put after a pair of sectional victories. Mill Creek's Malaysia George may be the busiest competitor as she will race in the 200- and 400-meter sprints, the 4x400 relay, the 4x100 relay and will compete in the high jump. Mill

Creek has 13 individual entries and two relays and is fresh off the Region 7-AAAAAA title. McEachern, Marietta, Archer and Parkview are also threats for a team title.

DeKalb County was impressive in the recent AAAAA sectionals as Southwest DeKalb, Miller Grove, Dunwoody and M.L. King all will send a host of athletes to compete for individual titles. M.L. King had seven individuals qualify and two relay teams advance to Albany including Jada Martin in the 100- and 200-meter dashes and two relay teams. Dunwoody will be led by Lauren Jackson, who finished first in the 400- and 800-meter events at the sectional qualifying, and Alex Cameron, a threat to take the 3200-meter event. Kenya Wheeler will look to spark Southwest DeKalb in the shot put and discus events while Miller Grove will look to Tiffany Flynn, who won B-Sectional long jump, triple jump and 100-meter hurdles events. Creekview, East Paulding, Pope and Lakeside-Evans will also be threats for a team title, as will Kell and Loganville, who each qualified 10 individuals and one relay team.

LOADED AAAA FIELD ...

Redan has a chance to win a second straight Class AAAA title with eight individual entries and four relay squads competing. Crystal Gray and Shequilla McClain will look to push Redan back atop the podium.

Rutland has a pair of competitors that will be all over Hugh Mills Stadium in various events. Adrianna Brown will compete in the long jump, 400-meter dash and the 300-meter hurdles as well as on a pair of relay teams while Tyler Ragin will compete in the triple jump, 100- and 200-meter dashes and the 4x100 relay.

Rutland has eight individuals qualified and two relay teams. Sandy Creek has six individual entries while Shaw boasts eight individuals and three relay squads. Spalding, Westover and defending AAA champion

Monroe-Albany could make noise in the final team standings as well.

Look for Blessed Trinity to be all over the standings with 12 individual entries and two relays competing for state titles. Bailey Willett, Zion Lewis and Shannon Innis figure to be the busiest Titans in Albany. Cedar Grove poses a challenge with Kayla Pryor (300-meter hurdles), Christian Pryor (400-meter run) and Danielle Mitchell (long jump) looking to build on success attained at the recent sectional meet at Lakewood.

Cedar Grove features 12 individual entries and four relays in action. Chapel Hill will send 11 individuals to Albany looking to help bring home GHSA hardware. Faith Joseph will run in the 100-meter dash and 300-meter hurdles while Ashton Lord will compete in the 1600-meter run and the 3200-meter run. Cartersville, Buford, Douglass, North Hall, North Oconee, Oconee County, Hart County and Maynard Jackson will be threats to the team title.

STAYING POWER ...

Greater Atlanta Christian will have 11 individuals and two relay teams attempting to keep the AA title at the Norcross campus, but Bleckley County, Bremen, Cook, Greene County, Heard County, Monticello, Lovett, Wesleyan and Jefferson will send large numbers to try and knock off the Spartans.

In Class A, Athens Christian will look for a fourth straight title in the private competition while Commerce, Johnson County and Marion County could make noise in the public competition. Jada Gardner will compete in three individual events and on two relay teams for Marion County, which is sending 13 individual entries to Albany. Lexie Downer will compete in five events for Athens Christian, which also has 13 individual entries as well as two relay squads competing.

Photo courtesy of Sonny Kennedy. Proctor can be reached at fproctor@scoreatl.com.



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THE GHSA HEAT SHEET

1600 Meter Run Finals

1600 Meter Run Finals results table. Columns: Heat, Class, Rank, Name, School, Time. Includes Class A-Private, Class A-Public, Class AA, Class AAA, Class AAAA, Class AAAAA, and Class AAAAAA.

3200 Meter Run Finals

3200 Meter Run Finals results table. Columns: Heat, Class, Rank, Name, School, Time. Includes Class A-Private, Class A-Public, Class AA, Class AAA, Class AAAA, and Class AAAAA.

Discus Throw Finals

Discus Throw Finals results table. Columns: Flight, Class, Rank, Name, School, Time. Includes Class A - Private, Class A - Public, Class AA, Class AAA, Class AAAA, Class AAAAA, and Class AAAAAA.

Shot Put Finals

Shot Put Finals results table. Columns: Flight, Class, Rank, Name, School, Time. Includes Class A - Private, Class A - Public, Class AA, Class AAA, Class AAAA, Class AAAAA, and Class AAAAAA.

THE GHSA HEAT SHEET

Long Jump Finals

Table with columns: Flight 1, Class A - Private, Flight 1, Class A - Public, Flight 1, Class AA, Flight 2, Flight 1, Class AAA, Flight 2, Flight 1, Class AAAA, Flight 2, Flight 1, Class AAAAA, Flight 2, Flight 1, Class AAAAAA, Flight 2. Lists names, schools, and jump distances.

Triple Jump Finals

Table with columns: Flight 1, Class A - Private, Flight 1, Class A - Public, Flight 1, Class AA, Flight 2, Flight 1, Class AAA, Flight 2, Flight 1, Class AAAA, Flight 2, Flight 1, Class AAAAA, Flight 2, Flight 1, Class AAAAAA, Flight 2. Lists names, schools, and jump distances.

Pole Vault Finals

Table with columns: Flight 1, Class A - Private, Flight 1, Class A - Public, Flight 1, Class AA, Flight 1, Class AAA, Flight 1, Class AAAA, Flight 1, Class AAAAA, Flight 1, Class AAAAAA. Lists names, schools, and vault heights.

High Jump Finals

Table with columns: Flight 1, Class A - Private, Flight 1, Class A - Public, Flight 1, Class AA, Flight 1, Class AAA, Flight 1, Class AAAA, Flight 1, Class AAAAA, Flight 1, Class AAAAAA. Lists names, schools, and jump heights.

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THE GHSA HEAT SHEET

400 Meter Relay Preliminaries

Heat 1 Class A - Private, Heat 1 Class A - Public, Heat 1 Class AA, Heat 2 Class AA

1600 Meter Relay Preliminaries

Heat 1 Class A - Private, Heat 1 Class A - Public, Heat 1 Class AA, Heat 2 Class AA

Heat 1 Class AA, Heat 2 Class AA, Heat 1 Class AAA, Heat 2 Class AAA

Heat 1 Class AA, Heat 2 Class AA, Heat 1 Class AAA, Heat 2 Class AAA

Heat 1 Class AAA, Heat 2 Class AAA, Heat 1 Class AAAA, Heat 2 Class AAAA

Heat 1 Class AAA, Heat 2 Class AAA, Heat 1 Class AAAA, Heat 2 Class AAAA

Heat 1 Class AAAA, Heat 2 Class AAAA, Heat 1 Class AAAAA, Heat 2 Class AAAAA

Heat 1 Class AAAA, Heat 2 Class AAAA, Heat 1 Class AAAAA, Heat 2 Class AAAAA

Heat 1 Class AAAAA, Heat 2 Class AAAAA, Heat 1 Class AAAAAA, Heat 2 Class AAAAAA

Heat 1 Class AAAAA, Heat 2 Class AAAAA, Heat 1 Class AAAAAA, Heat 2 Class AAAAAA

Heat 1 Class AAAAAA, Heat 2 Class AAAAAA, Heat 1 Class AAAAAA, Heat 2 Class AAAAAA

Heat 1 Class AAAAAA, Heat 2 Class AAAAAA, Heat 1 Class AAAAAA, Heat 2 Class AAAAAA

THE GHSA HEAT SHEET

Shot Put Wheelchair Div 1

1 Mary Kaitlyn Wheeler East Laurens 12-08.00, 2 Abby Argo Spalding 18-06.00, 3 Curran Brown Johns Creek 19-04.50

800 Meter Run Wheelchair Div 1

1 Mary Kaitlyn Wheeler East Laurens 5:59.46

200 Meter Dash Wheelchair Div 1

Lane 2 Mary Kaitlyn Wheeler East Laurens HS 1:10.30

GIRLS STATE RECORDS

AAAAA

EVENT	NAME	SCHOOL	YEAR	RECORD
100 Meter Dash	Cholonda Goodman	Newnan	2008	11.450
200 Meter Dash	Courtney Champion	Collins Hill	2003	23.630
400 Meter Dash	Stephanie Smith	Northeast, Macon	2000	53.65
100 Meter Int. Hurdles	Kendell Williams	Kell	2010	13.690
300 Meter Low Hurdles	Kendell Williams	Kell	2010	41.300
800 Meter Run	Susan Crisp	Brookwood	1985	2:08.75
1600 Meter Run	Amanda Winslow	Collins Hill	2009	4:44.970
3200 Meter Run	Jackie Drouin	Collins Hill	2006	10:38.042
400 Meter Relay	(Felicia Brown, Tiffany Camper, Jada Martin, Alexis Smith, Jermeka Boyd)	ML King	2012	45.690
1600 Meter Relay	(Ashley Taylor, Marcia Smith, Henrietta George, Kelsey Woodard)	Stephenson	1999	3:45.55
High Jump	Nakeitra Jones	Northeast, Macon	1997	5'10.5"
Long Jump	Tameisha King	Pebblebrook	1999	19'10.75"
Triple Jump	Julienne McKee	Lassiter	2002	41'7.75"
Pole Vault	Samantha Becker	Milton	2010	12'
Shot Put (8 lbs. 13 ozs.)	Ashley Johnson	Westlake	2011	47'3.5"
Discus (2 lbs. 3-1/2 ozs.)	Ronda Gullate	Sprayberry	2002	154'8"

AAAA

EVENT	NAME	SCHOOL	YEAR	RECORD
100 Meter Dash	Anita Howard	Butler	1986	11.5
200 Meter Dash	Mary Ann Erigha	Chamblee	2003	23.640
400 Meter Dash	Stephanie Smith	Northeast, Macon	2000	53.65
100 Meter Int. Hurdles	Kendell Williams	Kell	2012	13.39
300 Meter Low Hurdles	Kendell Williams	Kell	2011	42.420
800 Meter Run	Ena Leufroy	Marist	2005	2:08.643
1600 Meter Run	Emily Reese	Chamblee	2006	4:52.245
3200 Meter Run	Emily Reese	Chamblee	2006	10:33.336
400 Meter Relay	(Kia Jackson, Amber Crews, Morgan Snow, Kenja Scott)	Southwest DeKalb	2009	46.660
1600 Meter Relay	(Ashley Taylor, Marcia Smith, Henrietta George, Kelsey Woodard)	Stephenson	1999	3:45.55
High Jump	Nakeitra Jones	Northeast, Macon	1997	5'10.5"
Long Jump	Kendell Williams	Kell	2012	20'08.5"
Triple Jump	Latoya Legree	Stephenson	2000	40'3.5"
Pole Vault	Anna Dunn/Holly Ebbets	Creekview/Lee County	2012	11'6"
Shot Put (8 lbs. 13 ozs.)	Mandy Kinney	Brookwood	1999	46'2.5"
Discus (2 lbs. 3-1/2 ozs.)	Eve Machovec	Dacula	2008	148'9"

AAA

EVENT	NAME	SCHOOL	YEAR	RECORD
100 Meter Dash	Brittany Long	Therrell	2007	11.429
200 Meter Dash	Brittany Long	Therrell	2007	23.306
400 Meter Dash	Stephanie Smith	Northeast, Macon	2001	53.084
100 Meter Int. Hurdles	Quaneshia Cleckley	Therrell	2006	13.864
300 Meter Low Hurdles	Jasmine Dacus	Westlake	2006	42.535
800 Meter Run	Nikita Beasley	Franklin County	1988	2:12.44
1600 Meter Run	Emily Reese	Chamblee	2007	4:48.514
3200 Meter Run	Emily Reese	Chamblee	2007	10:16.762
400 Meter Relay	(Deanna Lee, Santeria Moses, Jawanda King, Brittany Long, Sanderika Simmons, Kimberly Rivers)	Therrell	2008	46.203
1600 Meter Relay	(Deanna Lee, Santeria Moses, Jawanda King, Brittany Long, Malaysia Puckett, Tiffany Ellis)	Therrell	2007	3:47.264
High Jump	Tracey Linton	Central, Thomasville	1988	5'10"
Long Jump	Brittany Porter	Towers	2009	19'7.5"
Triple Jump	Ashley Ivey	Washington Co.	2012	40'7.5"
Pole Vault	Megan Clark	Columbus	2012	12'2"
Shot Put (8 lbs. 13 ozs.)	April Thomas	Westover	2001	46'7"
Discus (2 lbs. 3-1/2 ozs.)	Lesheal Johnson	Columbia	1993	147'6"

AA

EVENT	NAME	SCHOOL	YEAR	RECORD
100 Meter Dash	Jenell Ali	Crim	1994	11.73
200 Meter Dash	Jenell Ali	Crim	1994	24.41
400 Meter Dash	Antqunita Reed	Early County	2010	55.570
100 Meter Int. Hurdles	Jalisha Knight	Toombs County	2012	14.16
300 Meter Low Hurdles	Sandrika Simmons	Therrell	2011	43.710
800 Meter Run	Georgia Kloss	Pace Academy	2002	2:09.478
1600 Meter Run	Georgia Kloss	Pace Academy	2003	4:58.870
3200 Meter Run	Harriott Kelly	Lovett	2006	11:04.310
400 Meter Relay	(Brittany Arnold, Airica Palmer, Maileka Slayton, Kayin Mujahid)	GAC	2012	47.31
1600 Meter Relay	(Brittany Arnold, Tamara Bryant, Maileka Slayton, Kayin Mujahid)	GAC	2012	3:51.46
High Jump	Brandy Barnett	Coosa	1996	5'8"
Long Jump	Christy Brown	Holy Innocents'	2005	18'10.5"
Triple Jump	Antqunita Reed	Early County	2010	40'1"
Pole Vault	Sydney Rodkey	North Oconee	2012	12'1"
Shot Put (8 lbs. 13 ozs.)	Sara Talley	Gordon Central	2009	42'8.75"
Discus (2 lbs. 3-1/2 ozs.)	Simone Parker	Chamblee	2000	134'10"

A

EVENT	NAME	SCHOOL	YEAR	RECORD
100 Meter Dash	Nicole Collins	Hawkinsville	1992	11.94
200 Meter Dash	Hannah Wood	Mt. Zion-Carroll	2012	24.57
400 Meter Dash	Callie Pottinger	Whitefield Academy	2005	55.623
100 Meter Int. Hurdles	Sierra Hill	Landmark Christian	2004	13.340
300 Meter Low Hurdles	Sierra Hill	Landmark Christian	2004	43.060
800 Meter Run	Kelly Cook	Pace Academy	1992	2:15.11
1600 Meter Run	Kelly Cook	Pace Academy	1992	5:02.05
3200 Meter Run	Whitney Bishoff	Athens Christian	2007	11:04.579
400 Meter Relay	(Evette Holyfield, Ciara Willis, Lynette Fitts, Sierra Hill)	Landmark Christian	2004	47.540
1600 Meter Relay	(Lynette Fitts, Evette Holyfield, Ciara Willis, Sierra Hill)	Landmark Christian	2004	3:50.200
High Jump	Jessica Farrer	Model	1997	5'10.25"
Long Jump	Nicole Collins	Hawkinsville	1991	18'11.25"
Triple Jump	Kelly Martin	Toombs County	1996	38'10.25"
Pole Vault	Heather Hayes	Landmark Christian	2005	11'
Shot Put (8 lbs. 13 ozs.)	Torie Owers	Athens Academy	2012	46'08.5"
Discus (2 lbs. 3-1/2 ozs.)	Torie Owers	Athens Academy	2011	154'8"

NOTE: All State Track Records Converted to Metrics - 1985

GIRLS STATE CHAMPIONS

Year	AAAA	AAA	AA	A	B
1973	—	Douglass	Swainsboro	Harlem	Quitman Co.
1974	—	Douglass	Washington Co.	Harlem	Quitman Co.
1975	—	SW Macon	Washington Co.	Brooks Co.	Vienna
1976	—	Avondale/ SW Macon	Washington Co.	Brooks Co.	Crestwood
1977	—	Washington Co.	Worth Co.	Crestwood	Toombs Cntrl.
1978	—	SW Macon/ Peachtree	Ridgeview	Headland	Berry Acad.
1979	NE Macon	Gordon	Crestwood/Bass	Berry Acad.	—
1980	Valdosta	Avondale	Westwood	Feldwood	—
1981	Valdosta	Avondale	Cedar Grove	Atkinson Co.	—
1982	NE Macon	Gordon	Pike Co.	Whigham	—
1983	Columbia	Gordon	Lovett	Whigham	—
1984	SW DeKalb	Brookwood	Reidsville	Whigham	—
1985	Brookwood	Camden Co.	Collins	Whigham	—
1986	NE Macon	Woodward Aca.	Feldwood	Louisville	—
1987	Harper	Butler	Collins	Reidsville	—
1988	Therrell	Butler	Grady	Reidsville	—
1989	Therrell	Clarkston	Lovett	Reidsville	—
1990	Brookwood	Clarkston	Crim	Reidsville	—
1991	Brookwood	Crim	Lovett	Hawkinsville	—
1992	Brookwood	Kendrick	Oconee Co.	Pace Aca.	—
1993	Douglass	Kendrick	Crim	Darlington	—
1994	Brookwood	Kendrick	Crim	Darlington	—
1995	Butler	Columbia	Cedar Grove	Model/Sav. CD	—
1996	Pope	Columbia	Lovett	Savannah CD	—
1997	Shaw	Stephenson	Westminster	Darlington	—
1998	McEachern	Cairo/Lithonia/ Stephenson	Gainesville	Darlington	—
1999	McEachern	Shaw	Americus	Metter	—
2000	NE Macon	Shaw	Westminster	Metter/Landmark C.	—
Year	AAAAA	AAAA	AAA	AA	A
2001	Marietta	Monroe Albany	NE Macon	Crim	Landmark C.
2002	Stephenson	Monroe Albany	NE Macon	Crim	Landmark C.
2003	Collins Hill	Dunwoody	Monroe Albany	SE Bulloch	Landmark C.
2004	Riverdale	North Springs	Westover	Holy Innocents'	Landmark C.
2005	Redan	North Springs	Carrollton	GAC	Landmark C.
2006	Collins Hill	St. Pius X	Carrollton	Decatur	OLOM
2007	Collins Hill	SW DeKalb	Therrell	Bleckley Co.	OLOM
2008	Collins Hill	SW DeKalb	Therrell	North Oconee	Landmark C.
2009	Westlake	SW DeKalb	Monroe	GAC	Wesleyan
2010	Lassiter	Tucker	Monroe	North Oconee	Athens Chr.
2011	M.L. King	SW DeKalb	Monroe	Decatur	Athens Chr.
2012	Walton	Redan	Monroe	GAC	Athens Chr.

Note: The first five state track championships were not broken down by classifications. The first two were won in 1968-69 by Archer before Washington won in 1970-72.



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